## MILWAUKEE COUNTY

**Department on Aging** 

## MILWAUKEE COUNTY SENIOR DINING

## **LUNCH**

## **MARCH**



Department on Aging				•	
MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY
BBQ Beef Sandwich 2	Open Face Sliced Pork* 3	Cream of Mushroom Soup	4	Teriyaki Chicken 5	Omelet with 6
on Whole Grain Bun	Sandwich on	Vegetable Lasagna		Leg/Thigh	Broccoli Cheese Sauce
Hashbrown Casserole	Whole Grain Bread	Italian Beans		Blended Rice	Veggie Sausage Patty
Southwest Vegetables	w/Gravy	Mixed Greens/Dressing		Oriental Vegetables	Baby Potato Cakes
Diced Peaches	Mashed Potatoes	w/Cucumber, Tomato		Asian Coleslaw	✓ Orange Juice
Rice Krispie Treat	Sweet/Sour Red Cabbage	Garlic Bread		Baking Powder Biscuit	Bagel/Cream Cheese
♥ Fresh Orange	Melon	Mandarin Oranges		Fresh Pear	Fruit Cup
Cheddarwurst* 9	10	Chicken Supreme	11	12	Baked Fish 13
Whole Grain Bun	Pepper Steak w/	Leg/Thigh		Salisbury Steak	Lemon Sauce
Steamed Baby Carrots	Tomato, Peppers, Onions	Fresh Sweet Potato		Gravy	Au Gratin Potatoes
Baked Beans w/Onions	Buttered Noodles	Green Beans Almondine		Garlic Mashed Potatoes	Wisconsin Vegetable Blend
& Brown Sugar	California Vegetables	Spinach Salad/Dressing		Normandy Vegetable Mix	Coleslaw
	Vienna Bread	Whole Wheat Dinner Roll		Marble Rye Bread	Rye Roll
Peanut Butter Cookie	Cinnamon Apple Slices	Sherbet		Dutch Apple Pie	Snickerdoodle Cookie
♥ Graham Crackers		<b>♥</b> Grapes		<b>→</b> Applesauce	<b>♥</b> Banana
16		Cream of Potato Soup	18	19	Spring Fling 20
Hot Ham Sandwich*	St Patrick's Day	Grilled Chix Caesar Salad		BBQ Pulled Pork Sandwich*	Cheesy Tuna Noodle
Kaiser Roll	Irish Stew	Romaine, Tomatoes		Whole Grain Bun	Casserole
German Potato Salad*	Braised Cabbage	Croutons, Dressing		Country Style Vegetables	Broccoli Cuts
Winter Squash	Red Potatoes w/Skins	Whole Wheat Dinner Roll		American Fried Potatoes	Dinner Roll
<b>∵</b> Grape Juice	Crinkle Cut Carrots	Fresh Fruit Cup		Mixed Fruit Cup	Mandarin Oranges
Chocolate Chip Cookie	Shamrock Cookie	Lemon Sunshine Cake		Blonde Brownie	Oatmeal Raisin Cookie
<b>→</b> Apricots	<b>♥</b> Pear	▶ Lemon Pudding		<b>♥</b> Banana	♥ Red Delicious Apple
Navy Bean Soup 23	Oven-Fried Chicken 24	Country Ribs*	25	Roast Beef/Gravy 26	27
Meatloaf	Creamed Spinach	Sauerkraut		Baked Potato Casserole*	Stuffed Salmon Boat
Gravy	American Potato Salad	German Potato Salad*		Glazed Carrots	Dill Sauce
Mashed Potatoes	Dinner Roll	Stewed Tomatoes		Garden Salad/Ranch	Quartered Red Potatoes
Country Style Vegetables	Fruit Punch	w/Onions & Peppers		Whole Grain Dinner Roll	Brussels Sprouts
Wheat Bread	Baker's Choice Cookie	Mandarin Oranges		Chocolate Cake/Choc Icing	Multi-Grain Bread
Blushing Pears	Fresh Fruit	w/Pineapple		Chilled Fruit	Sliced Peaches
Veggie-Beef-Barley Soup 30	Pub Burger 31	1100.kk	11	1011	A A A 601
Apricot Glazed	Multi-Grain Bun	11:30 LU	١N	VL.H	
Pork Loin*	Baked Beans	I I IVV EV		Healthy	Suggested

RESERVATIONS REQUIRED

Dessert

May **Contain Pork** 

Sugar Cookie

**☐** Juice

Broccoli-Cauliflower Mix

Lo-Cal Cereal Bar

Peas & Carrots

7-Grain Bread

Pineapple Tidbits

Baked Potato/Sour Cream